

The cover features a collage of four photographs: a smiling older man in a plaid shirt (top left), a woman with her arms raised in joy (top center), a man holding a young child (middle left), and a woman hugging an older woman (bottom left). A large teal circle with an orange border is positioned on the right side, containing the title text. Abstract teal and orange geometric shapes frame the collage.

**KGH** FOUNDATION

*together we change lives*

2013/2014

A N N U A L   R E P O R T

A close-up photograph of two women embracing outdoors. The woman in the foreground, with short reddish-brown hair, is smiling broadly with her eyes closed. She is wearing a black long-sleeved top. The woman behind her has blonde hair and is also smiling. The background is a soft-focus outdoor scene with greenery and a building. The text "together we change lives" is written in a white, cursive font across the lower part of the image.

*together we change lives*





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▲ Krista and Lucas Jackson with their children

## KELOWNA ROTARY SUPPORTS THE STRYKER NEURO-NAVIGATIONAL SYSTEM THAT SAVES LIVES

Things were going great for Lucas Jackson. Healthy, hardworking, and hopeful, the 31-year old Kelowna realtor was living the Okanagan dream, building his home and business, raising two children with his lovely wife, Krista. Life couldn't have been better—until a stroke nearly stole it.

March 24, 2014 began in typical fashion, with a workout at the local gym. Lucas and Krista checked five-year old Cohen and three-year old Ava into the facility's daycare and headed to the weight room, where things quickly went awry.

"I was unreasonably agitated," Lucas recalls. "I was mad at people, upset with the equipment. When a popular song came on, I tried to show my wife the YouTube video and couldn't remember my phone's passcode. And I'm on my phone hundreds of times a day."

When his speech became slurred and he started bumping into things, he knew something was gravely wrong.

"I thought of stroke," Krista admits, "But there was no way. Lucas is young. He doesn't smoke. He's fit."

Rushed to Kelowna General Hospital, Lucas was quickly assessed in the Emergency Department before receiving a CT, then a MRI scan of his brain. When bleeding was confirmed, an angiogram determined the source of stroke: an AVM, or arteriovenous malformation.

Caused by an abnormal connection between arteries and veins, an AVM can strike anyone, but if caught and treated quickly, has a good prognosis.

Thanks to the Rotary Club of Kelowna's generous donation of \$100,000 to the Be a Lifesaver Campaign in support of the Interior Heart and Surgical Centre, KGH recently acquired a state-of-the-art Stryker Navigational System. The equipment changed the course of Lucas' treatment and contributed to his near miraculous recovery.

**"I DON'T KNOW HOW WE WOULD'VE MANAGED IF LUCAS COULDN'T BE TREATED IN KELOWNA. WE'RE SO GRATEFUL"**

- Krista Jackson

Neurosurgeon and Chief of Surgery, Dr. Gary Goplen, explains how it works. "This device tracks our operative instruments as we move them, and shows us in real time exactly how close we are to the boundaries of tumors, blood vessels, and critical structures. We can map the shortest route to our target with utmost precision. Incisions are smaller, approaches are exact, and safety is enhanced."

Funds for the equipment were raised through the Rotary Club's 22nd annual Sysco Pro-Am Charity Golf Tournament. The event brings top amateur golfers and professionals together to compete for cash prizes and raise money for local charities. Sponsors include Sysco Kelowna and Fortis BC among others.

Tournament chairman, Bill Redmond, proudly proclaims 100% of sponsorship ends up in the hands of worthwhile charities. "We thought this was a piece of equipment that was much needed," he says of the Stryker System that allows people like Lucas to remain in their hometown while receiving life-saving treatment.

"The familiarity made all the difference," Lucas says. "My family came to see me every day. My dad and sister were amazing. Krista's cooking was so comforting. I walked Abbott Street during my rehabilitation."

"I don't know how we would've managed if Lucas couldn't be treated in Kelowna," Krista agrees. "We're so grateful!"

"I didn't get the photographic memory I asked for," Lucas jokes, "But being in the hospital, you have a lot of time to think. You ask yourself, 'Why did I get so lucky?'"

A little luck and a lot of love from generous organizations like Rotary Kelowna, allow the KGH Foundation to answer with the best possible care. 🙏



▼ Dr. Gary Goplen performing brain surgery



# OUR SUPPORTIVE COMMUNITY:

## INDIVIDUALS WHO HAVE GENEROUSLY DONATED \$500 OR MORE

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**“WE NEED TO ENSURE MEDICAL TALENT STAYS IN OUR COMMUNITY. THAT INCLUDES PROVIDING THEM WITH PROFESSIONAL DEVELOPMENT SO THEY CAN DO THEIR FINEST WORK FOR PATIENTS.”**

*- Dale Safinuk,  
District Vice President  
with TD Canada Trust*

## TD GRANTS IN MEDICAL EXCELLENCE: AN INVESTMENT IN FUTURE CARE

“We believe that a good education opens doors and contributes greatly to the long-term wellbeing of individuals, families and communities,” Dale Safinuk, District Vice President with TD Canada Trust, says.

That’s why the financial institution has pledged \$125,000 to fund educational courses and conferences for local nurses and caregivers.

From 2009 to 2013, TD Grants in Medical Excellence have provided KGH staff with awards ranging from \$1,000 to \$5,000—grants that are greatly appreciated by worthy recipients, who develop both personally and professionally from advanced education, ultimately bringing a level of excellence to care at our hospital.

“TD believes in supporting the communities where we do business and where our employees live,” Safinuk says. “These grants, along with other community donations and sponsorships, are made available to a number of individuals in order to help them further their education and to improve overall health services.”

The KGH Senior Leadership Team, endorsed by the Medical Quality Improvement Committee, targeted the education funds to support ongoing quality improvement and patient centered care and safety.

Aaron Miller (Project Manager-Tertiary Services Manager, KGH Patient Porters and Morgue) is an exceptional example of how higher education helps everyone.

“The TD grant provided the opportunity for me to attend the Quality Academy, a six-month residency training program by the BC Patient Safety and Quality Council. Through this training program I was able to learn from leaders across Canada in Quality Improvement techniques and methods. Using this information I have been able to apply my learning to lead projects across KGH and throughout Interior Health that are based on the Quality Improvement methodology.”

Recipient of the Ratherberger Award for excellence in data and control charts, Miller has facilitated changes at KGH and identified where improvements might further advance patient care.

Neurologist, Dr. John Falconer, also attended the forum, sharing information about the mobile rural health Tele-Stroke Project and exploring the role of education in imparting quality into the next generation of health professionals. Learning about the variety of quality and safety projects and plans throughout the province enhanced his level of care.

“The forum opened my eyes to what can be done to improve safety and quality controls for our patients, staff, and faculty alike.”

Dale Safinuk and the folks at TD couldn’t be more pleased.

“We need to ensure medical talent stays in our community,” Safinuk says. “That includes providing them with professional development so they can do their finest work for patients. Part of the money we are donating today will help train healthcare workers of the future.”

Now that’s an investment that will pay off in priceless dividends for generations to come. 🌱

## ROY DAVIDSON: LUCKY IN LIFE – TIME TO GIVE BACK

**“IT’S KIND OF  
LIKE WALKING  
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A PARAMEDIC  
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OF ‘PADDLES’  
TO SHOCK  
YOU ANY TIME  
NECESSARY.”**

- Dr. Kevin Pistawka

“I’m a tradesman,” 74-year old Roy Davidson says. “And I can tell you, plumbers have it better than doctors.”

It’s in his nature, to joke around, but Roy is seriously grateful for the exceptional care he received at KGH.

“A few years ago I was having some issues and saw urologist, Dr. Michael Carter. He asked me what I was doing the next Tuesday; I told him whatever you want me to do. I had cancer in my bladder and he cleaned it up.”

With that illness behind him, a mere year and a half later, Roy found himself back at KGH, this time with a heart attack.

“I collapsed at home,” he explains, “And when I came to, I took my pulse. My heartbeat was irregular and I told my wife, Val, she needed to take me down to the hospital.”

When the friendly volunteer in red, stationed in the ED, tried to guide him, Roy clutched his heart and declared that he was in trouble. “The nurse put a cuff on me and within seconds she was calling, ‘Chair! Bring me a chair!’”

In fact, Roy had ventricular tachycardia, with a heart rate of 180 beats a minute and had to be shocked in the ED.

“I can’t explain it to you,” he says, still baffled. “I was feeling so good, the ED doctor couldn’t believe I was laughing. He took pictures of the monitor and said it was the most amazing teaching tool!”



An angiogram was done and some coronary artery disease was identified but nothing that required stents or bypass. Having suffered a heart attack 21 years earlier, Roy had previous scarring, so he received an Automatic Implantable Cardioverter-Defibrillator—a miraculous little machine designed to detect arrhythmia and shock his heart back to better beating.

“It’s kind of like walking around with a paramedic carrying a set of ‘paddles’ to shock you any time necessary,” Dr. Kevin Pistawka, Roy’s cardiologist, says.

“Dr. Pistawka was in the ICU that day I first arrived,” Roy recalls. “He was lucky to get me! We hit it off right away.” He grins. “He and the other doctors and nurses took such good care of me, I can’t say enough.”

With Roy’s sons now running the family business, Davidson Mechanical, in Vancouver, he and Val relish retirement in the Okanagan. “I worked hard for fifty years,” Roy says. “Now it’s time to give back. I wasn’t an easy guy to live with but I can’t thank my wife enough. She set up the office, incorporated us, and did our books. And still made dinner! She gets whatever she wants now!” He winks.

Inspired by the care he received at KGH, Roy recently donated \$68,000 to the Be a Lifesaver campaign for the Interior Heart and Surgical Centre, helping to ensure countless others will also get what they most want—a healthy life. 🍷

# MCNAIR UNIT SENSORY ROOM – A GIFT FROM GLENN JAMES

Glenn Brydon James' life began in the usual way: a beautiful baby born to a loving family. He grew up an only child, but Glenn was never lonely. Surrounded by extended family in Macdonald, Manitoba, he and his cousins enjoyed competitive croquet on the front lawn and passionate ping pong matches in the basement.

Ever a champion, Glenn excelled in school, too. High school friends called on him for help with their math but jamming with his rock bands, Glenn really found his voice. An electric guitarist and voracious vocalist, Glenn loved music.

Diagnosed with schizophrenia in his late teens, Glenn's life was forever changed but not his passion for song, or his love of the sweet life—especially Dairy Queen Dilly Bars.

After a move to Kelowna, BC, to live with his Aunt Connie, Glenn enjoyed regular outings to his favorite eateries: Dairy Queen, Perkins, and Tim Hortons. He attended church and Bible studies and took up wheelchair square dancing.

When his Aunt Connie became frail, Glenn relocated to group care homes and on occasion, visited the McNair Unit at KGH. Staff loved him. Family photos adorned his room while Glenn's singing voice filled the air—sometimes spontaneously in the middle of the night.

Glenn was 61 when he passed away on April 2, 2013. He will be missed by many but remembered by countless more thanks to a donation from his estate, made by his cousin, Mari James, and family. In addition to a medication management system for the Labour & Delivery department, the gift from Glenn's estate was dedicated to the addition of a sensory room in the McNair Unit.

The sensory room is an emerging practice of assessment, treatment and intervention for those that need to learn how to best understand themselves and their worlds. Many people with mental health conditions struggle to meet their needs in daily life because they lack awareness of their sensory needs or they are so constricting that they have trouble finding activities and environments that are suitable.

## ▼ Sensory Room



"It recognizes that everyone is unique in their needs," says Chantelle Glenn, Occupational Therapist on McNair. "Helping our clients to discover and use sensory strategies to help manage stress, anxiety and emotional crisis provides them with a sense of control over their situation, which is empowering and essential to the recovery process."

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*- Chantelle Glenn*

The ultimate goal is to incorporate items that a client can access at home, work or school so that skills learned in hospital can be used to help improve their function in their day-to-day activities.

"Clients have also been thankful to now have a greater awareness of how they interact with their environment and understand why they may react a certain way in certain situations. Some have also reported they are likely to try to use some of the sensory strategies to manage their symptoms, prior to requesting additional medication", explains Chantelle.

Thanks to the legacy left by Glenn James' estate gift, those struggling with mental health conditions will be able to sing and eat ice cream more often. 🎵🍦



# LEGACY GIFTS

**KGH FOUNDATION GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONORS WHO HAVE MADE A CURRENT OR DEFERRED LEGACY GIFT. THEY EACH HAVE A LEAF ENGRAVED WITH THEIR NAMES ON THE KGH FOUNDATION'S LEGACY TREE.**



▲ Anne Stuart

**"I'VE MADE MY LEGACY COMMITMENT IN APPRECIATION FOR THE EXCELLENT HEALTH CARE I HAVE RECEIVED DURING THE PAST TWENTY PLUS YEARS IN KELOWNA."**

- Anne Stuart

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Seymour & Joan Zidle

# ESTATE GIFT MADE TO RECOGNIZE MANY HAPPY RETIREMENT YEARS SPENT IN KELOWNA

George Rozier was born in 1918 in Lethbridge, Alberta. His parents had emigrated from France several years before. George was their fourth child. The family lived happily in Lethbridge and George grew up to try his hand at a variety of different pursuits, including farming.

Dora was born in 1918 in Mikado, Saskatchewan, a descendant from Irish and Scottish families that had immigrated to Canada.

George and Dora were married October 1st, 1954 in Red Deer, Alberta. The couple spent many happy years on their farm at Sylvan Lake. George continued his part-time farming business while at the same time maintaining his interest in a variety of other enterprises. In 1978, the couple left Alberta and retired to Kelowna.

They were fortunate to have travelled to 34 different countries before Dora passed away in 1996.

In recognition of the many happy years that the couple shared in this community, George decided to leave his estate to the KGH Foundation.

Sadly, George passed away on January 23rd, 2013. His wish was to create an Endowment to support the KGH Foundation in perpetuity.

The George and Dora Rozier Endowment Fund will benefit patients and their families in the Kelowna area for many generations to come. 🍷



▲ George & Dora Rozier

**“IN RECOGNITION OF THE MANY HAPPY YEARS THAT THE COUPLE SHARED IN THIS COMMUNITY, GEORGE DECIDED TO LEAVE HIS ESTATE TO THE KGH FOUNDATION.”**

## ESTATE GIFTS

**KGH FOUNDATION IS HONOURED TO HAVE RECEIVED GIFTS FROM THE ESTATES OF THE FOLLOWING THOUGHTFUL INDIVIDUALS:**

Franklin Bernard Brennan  
Albert W. Canvin  
Ann Demsky  
Edith C. Graham  
Donna Marie Gyurcssek  
B. Diane Kemp  
Erika Babette Knaus

Patricia M. Melley-Coolahan  
John Murdo Smith Morrison  
John Patrick Moss  
Masaki Nakayama  
Anna Nowosad  
James “Jock” Paterson  
Helen Philpott

Frank Poje  
George J. Rozier  
Heinrich Schafers  
Henry L. Stacey  
Robert John Whillis



# THE JULIE AND JAKE WARKENTIN ENDOWMENT



▲ Julie and Jake Warkentin

Julie and Jake Warkentin supported the KGH Foundation for many years. It was after the sudden death of Julie, in 2010 that Jake became more involved to express his gratitude for the compassionate care she received at KGH.

Jake decided that he wanted to make a lasting legacy gift and created the Julie and Jake Warkentin Endowment to support the KGH Foundation's General Endowment Fund.

Sadly, Jake passed away on May 5th, 2014, his 68th birthday.

Jake and Julie will be fondly remembered for their hard work and dedication to everything they set out to do, but most of all, for the love they had for their family.

Their family can take comfort knowing that their names will live on in perpetuity and the income from their generous Endowment will continue to help families in the community they called home for more than 40 years. 🙏

## ENDOWMENTS & SPECIAL FUNDS

Endowment Funds provide support for the Hospital and facilities supported by the KGH Foundation in perpetuity. Only the income from the Endowment Fund is utilized. The minimum to create a Fund in your name or in memory of a loved one supporting an existing Endowment Fund is \$10,000. Should you wish to establish a Fund for a specific purpose, the minimum is \$100,000. This can be accomplished with a one-time gift, a multi-year pledge, a gift in your Will or a combination of these options.

### Endowment Funds

Adolescent Psychiatry Endowment  
Sean Almond Memorial Fund  
Jessica and Peter Blyth Endowment  
Cancer Care Endowment  
Children's Health Endowment  
The Cochran Family Endowment Fund  
Cottonwoods Extended Care Endowment  
Critical Care Endowment  
Doctors' Memorial Endowment  
Mary Gouchee Endowment  
Johanna and Eugen Helm Endowment  
KGH General Endowment Fund  
\*The Julie & Jake Warkentin Endowment  
\*The Laurence & Vera Petch Endowment

Kelowna General Hospital Auxiliary Endowment  
Jim and Isabella Lind Endowment  
Mazzoli Memorial Endowment Fund  
The Patricia Melley-Coolahan Endowment Fund  
Dr. James Hector Moir and Family Endowment Fund  
Helen Ogden Endowment Fund  
Patient Emergency Support & Comfort Endowment  
(The ANGEL Fund)  
The George and Dora Rozier Endowment Fund  
Rutland Auxiliary Endowment  
Denis & Dorene Shepherd Endowment Fund  
Jim and Anna Stuart Endowment

### Special Funds

Cottonwoods Residential Compassionate Fund  
(In Memory of Ruth Story)  
The Dignity Fund – End of Life Care



# RANDALL & ANITA'S JOURNEY MADE EASIER

# IN MEMORY



▲ Randall & Anita Paul

Randall Paul experienced the unthinkable in the summer of 2012. His wife, Anita, lost her struggle with breast cancer on September 10th at the far-too-young age of 49. Understandably, Randall was devastated.

He took care of her at home until she couldn't be at home any longer. After recommendations from nursing and community care workers and a visit earlier that summer, Anita decided to spend her last few days at the Central Okanagan Hospice House.

Randall, a father of two, remembers her care at Hospice fondly and with abounding emotion.

"From the first time we visited until the day Anita passed away, we felt an incredible peace about being at the Hospice. The staff is loving and compassionate beyond description, and their careful attention to Anita's and our family's needs really helped us get through that time", Randall reflects.

"I spent almost every night there, sleeping on a cot beside her. Our dog Jazzy visited often, which always brightened Anita's spirits. We felt welcomed, loved, and cared for at all times."

Randall memorialized Anita's experience through a gift to Hospice through the KGH Foundation. In addition to medical equipment such as tilt wheelchairs and patient comfort items like decorations for events, donations received are also often directed to education and training for the people who make the biggest difference at Hospice.

Anne O'Keefe, Manager of Hospice and Palliative Care, expresses her gratitude for such gifts and the benefit they bring to staff at Hospice.

"It is vital that we provide initial and on-going education to ensure we are up to date with any new treatments available. It is also well recognized that those working in Hospice Palliative Care may at times suffer from 'compassion fatigue' due to the very emotional nature of the work, and attending conferences can help to alleviate that as they return refreshed and renewed."

She continues, "We are very privileged to do this work, to walk alongside patients and families and we are grateful for the support provided through gifts from grateful family members."

**"WE ARE VERY PRIVILEGED TO DO THE WORK, TO WALK ALONGSIDE PATIENTS AND FAMILIES AND WE ARE GRATEFUL FOR THE SUPPORT PROVIDED THROUGH GIFTS FROM GRATEFUL FAMILY MEMBERS."**

— Anne O'Keefe,  
Manager of Hospice and Palliative Care

In the time since Anita's passing, Randall has returned to Hospice to reflect and remember, speak at Hospice's anniversary celebration, and visit with some of the people who were such an important part of her journey.

Thanks to the generosity of many loving individuals, future patients of the Central Okanagan Hospice House will benefit from the same exceptional care as the Paul family.

"Our needs were met physically, emotionally, and spiritually in this beautiful home away from home, and we will always be amazed and so very, very thankful for what was done for us here." 🙏

**When donations reach \$2,500, a dove can be dedicated on the hospital's remembrance wall to honour a loved one's memory.**

A gift in memory is a special way for family and friends to pay tribute while helping Kelowna General Hospital advance health care in the community and beyond. KGH Foundation is honoured to have received gifts in memory of those listed below.

## Memorial Donations

Albert Hogue  
Andrew Kwasnecha  
Andrew Teipel  
Anne Tolg  
Arthur Grenke  
Barttel Byman  
Belmiro Pires  
Ben Ferster  
Betty Gould  
Charlene Edgeworth  
Claire D'Avila  
Dieter Dahms  
Dorothy Gledhill  
Dorothy MacGowan  
Emma Kratchmer  
Esther Wecker  
Helen Roach  
Herbert Luttmerding  
Hilda Somerville  
Hong-Hee Chuah  
Iona Shirreff  
Janet Reid  
Jim Szaroz  
Joan Zidle  
John Fletcher  
John Sheppard  
Julie Okuma  
Kathleen Careless  
Kenneth Maranda  
Laura Gow  
Lawrence Geldart  
Mary Burt  
Maureen Wade  
Norman Issel  
Pall Runolfson  
Peter Huska  
Phyllis Rampone  
Phyllis Wingfield  
Richard Johnson  
Rudy Wienberg  
Selma Sudom  
Wayne Houde

# ANATOMY OF A SURGEON

AN OLYMPIAN, A CELLIST, A YOGA-LOVING RESEARCHER; THERE IS PLENTY OF TALENT IN KELOWNA GENERAL'S NEW HIRES

▼ Artist Renderings of the new Interior Heart & Surgical Centre

By Jennifer Smith



**“SURGERY IS A THINKING MAN’S GAME... YOU’VE GOT TO ASSESS THE PROBLEM AND FIGURE OUT WHAT YOU THINK THE BEST WAY TO TACKLE IT IS—AND THERE’S NOT ALWAYS JUST ONE WAY.”**

- Dr. Shaun Deen

A thin veneer of construction dust cannot take the shine off the sense of hope Kelowna General Hospital’s massive expansion is fostering in the Central Okanagan.

“We’re trying to build a centre of excellence that’s a resource for people from across the Interior,” says Dr. Paul Mick, an ear, nose and throat specialist hired to the new Interior Heart and Surgical Centre.

Mick earned a master’s degree in population health from Harvard and chose Kelowna to apply his talents.

The new \$367 surgical centre will have 15 operating rooms and host the first cardiac surgery program in the Interior of British Columbia when it opens in 2015.

It’s a program where thoracic specialist Dr. Shaun Deen, tapped out of training in robotics and minimally invasive surgery techniques at the Swedish Medical Center in Seattle, can already merge consults on complex cases with his regular lung and esophageal cancer patients.

This spring, for example, he figured out how to extract a knife lodged between a man’s organs during a motorcycle accident.

“Surgery is a thinking man’s game... You’ve got to assess the problem and figure out what you think the best way to tackle it is—and there’s not always just one way,” he said.

Downtime is critical when work is this intense and the Okanagan’s ample amenities have helped secure an impressive team.

Dr. Derek Plausinis, an orthopaedic surgeon from Kamloops, saw the new centre as a way to grow his career, while feeding his appetite for mountain biking and skiing.

Plausinis earned a master’s degree in engineering, studying viscoelastic fracture mechanics (cracks in rubber-like materials) before going into medicine.



◀ (Left to right) Dr. Curtis Myden, Dr. Jeremy Harris, Dr. Derek Plausinis, Dr. Paul Mick and Dr. Shaun Deen.

▼ Artist Renderings of the new Interior Heart & Surgical Centre



"I like biomechanics and you can apply some engineering to the body, but I didn't know I would like surgery," he said. Neither did Dr. Jeremy Harris, who graduated from the Richard Ivey School of Business, before migrating to medicine.


Now an enthusiastic vascular surgeon, his description of the seamless manner technology previously housed in separate departments will integrate in the new operating rooms has a marketer's polish.

"I like the idea of this hybrid operating room. You're really not constrained by your facility," he said. "Every patient has different co-morbid illnesses and every patient also has different anatomy and what's best for one person, may not be best for the other."

Improving with technology is really the trick to the trade, as Dr. Curtis Myden sees it.

"In any surgery, if you're doing the same surgery when you started when you retire then something's gone wrong... You've got to keep up to date to do the best for your patients," he said.

Once an Olympic swimmer, his three bronze medals show Myden brings the drive to stay abreast of the changes in his speciality, orthopaedics. And he is trusting KGH with his edge.

The Kelowna General Hospital Foundation will raise \$12 million to ensure Myden and the other new recruits put the Interior Heart and Surgical Centre on the medical map. For more information on the latest capital fundraising campaign see [bealifesaver.net](http://bealifesaver.net) 

*Be a lifesaver.*

**"YOU'VE GOT  
TO KEEP UP TO  
DATE TO DO THE  
BEST FOR YOUR  
PATIENTS."**

- Dr. Curtis Myden



# OUR COMMUNITY



Grant Thornton  
5K Run in Colour



Kee's Tae Kwon Do  
Students



Auction House  
Nautica Vista



Big White Sweater Ball



Peyton McLean

## APRIL 2013

- Mamma Rosa Tiramisu Fundraiser for Giacomo Anfuso

## MAY 2013

- Astral Media 'Have a Heart' Radiothon
- Auxiliary Blossom Time Fair
- Sysco Rotary Pro-Am Golf Tournament

## JUNE 2013

- Bike 'n Braai
- Auxiliary Appreciation Luncheon
- The Garage Sale Luxury Auction House-Nautica Vista
- Wentworth Music & Interior Savings present Blue Collar Rock

## JULY 2013

- Kelowna Rockets Alumni Weekend
- Honda Powerhouse 'Come Ride With Us Demo Days'

## AUGUST 2013

- Colin Basran Annual Charity Golf Tournament

## SEPTEMBER 2013

- Celebrity Tennis Classic & Bocce Ball Tournament
- Grant Thornton 5K Run in Colour

## OCTOBER 2013

- KGH Foundation Donor Reception
- Supper with the Surgeons in support of Be a Lifesaver

## DECEMBER 2013

- Hotel Eldorado's Innkeeper's Celebration
- Big White Sweater Ball
- Kane's Harley Davidson Gift Wrapping

## MARCH 2014

- Wentworth Music & Interior Savings present Hair Bands vs. Southern Rock
- Sandrine Pastry Macaron Day



Celebrity Tennis Classic &  
Bocce Ball Tournament



Supper with  
the Surgeons

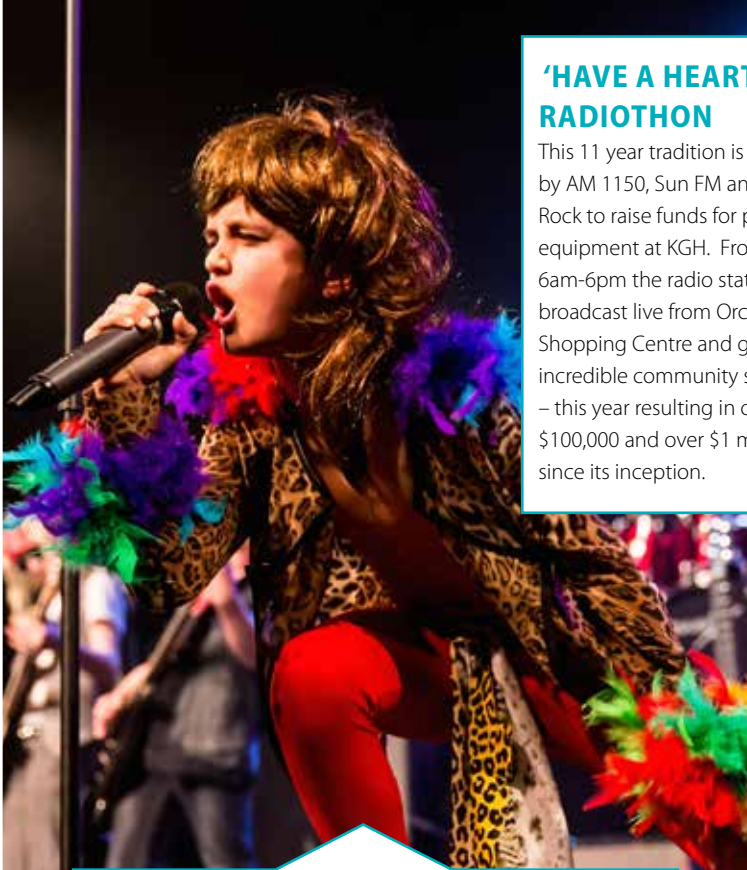
## KIDS HELPING KIDS

- Peyton McLean donated a leather rocking chair for kids and their families
- Molly Dyck donated stuffed animals from her birthday party
- Sarah Burns donated the proceeds from her handmade bracelet sales
- 'Charity Rocks' sisters Kylee & Kayla Kallen sold inspirational rocks on Valentine's Day
- Nate Buschel's parents requested donations instead of gifts for his first birthday
- Kee's Tae Kwon Do students donated the proceeds from their Black Belt Extravaganza

## THROUGHOUT THE YEAR

- Interior Savings Hot Lunch Program for Breast Cancer Care
- Tolko 50/50 Staff Lotto Proceeds
- Kelowna Farmers' and Crafters' Market 50/50 Draw
- London Drugs Photo Shoots for Kid's Care
- Kelowna Firefighters' Calendar Sales





### **'HAVE A HEART' RADIOTHON**

This 11 year tradition is put on by AM 1150, Sun FM and EZ Rock to raise funds for pediatric equipment at KGH. From 6am-6pm the radio stations broadcast live from Orchard Park Shopping Centre and generate incredible community support – this year resulting in over \$100,000 and over \$1 million since its inception.



### **WENTWORTH MUSIC & INTERIOR SAVINGS CONCERT SERIES**

Twice a year the students of Wentworth Music put on a full-blown rock show to show off their new and improved skills and raise money for sick kids at KGH. This year's concerts were 'Blue Collar Rock' and 'Hair Metal vs. Southern Rock'. Spearheaded by Noel Wentworth, between the Vernon and Kelowna shows, over \$100,000 has been donated for children's care and equipment throughout the valley.



### **KELOWNA PROFESSIONAL FIREFIGHTERS CALENDAR**

The Kelowna Firefighters Local 953 sold and autographed their 2015 calendar – the 'Off Duty' edition – in the lobby of KGH and donated the proceeds to the Be a Lifesaver Campaign through the Kelowna Hospital Auxiliary.



### **BIKE 'N BRAAI**

133 riders clipped into their bikes for the 8th annual cycle and BBQ event to help raise funds for new and improved medical equipment at KGH. Thanks to title sponsor, TD Bank Financial Group, and all of the other sponsors and participants, over \$23,000 was raised.





## ANONYMOUS DONOR BRINGS WORLD CLASS INNOVATION



▲ Trevor Porubanec

History was made in December when the KGH Foundation received its largest ever gift. Inspired by the incredible care to be provided in the Interior Heart & Surgical Centre currently under construction, an anonymous donor stepped up with \$3 million gift to the Be a Lifesaver campaign.

Thanks to this record-setting act of generosity, the IHSC is only \$1m away from including a Hybrid Operating Room.

**“IT CREATES THE BEST WORKING ENVIRONMENT TO PERFORM COMPLEX PROCEDURES ENHANCING PATIENT SAFETY. IT PROMOTES A MULTIDISCIPLINARY APPROACH TO INTERVENTION.”**

- Dr. Guy Fradet

The Hybrid OR combines traditional surgery with advanced minimally invasive procedures (small incisions under the guidance of sophisticated 3D live diagnostic imaging) allowing vascular and cardiac surgeons to combine traditional and modern surgical procedures once unimaginable.


Dr. Guy Fradet, Head of Cardiovascular Surgery at KGH, explains “it creates the best working environment to perform complex procedures enhancing patient safety. It promotes a multidisciplinary approach to intervention.”

The state-of-the-art equipment required to outfit the Hybrid OR isn't available through government funding and won't be possible without the support of our community.

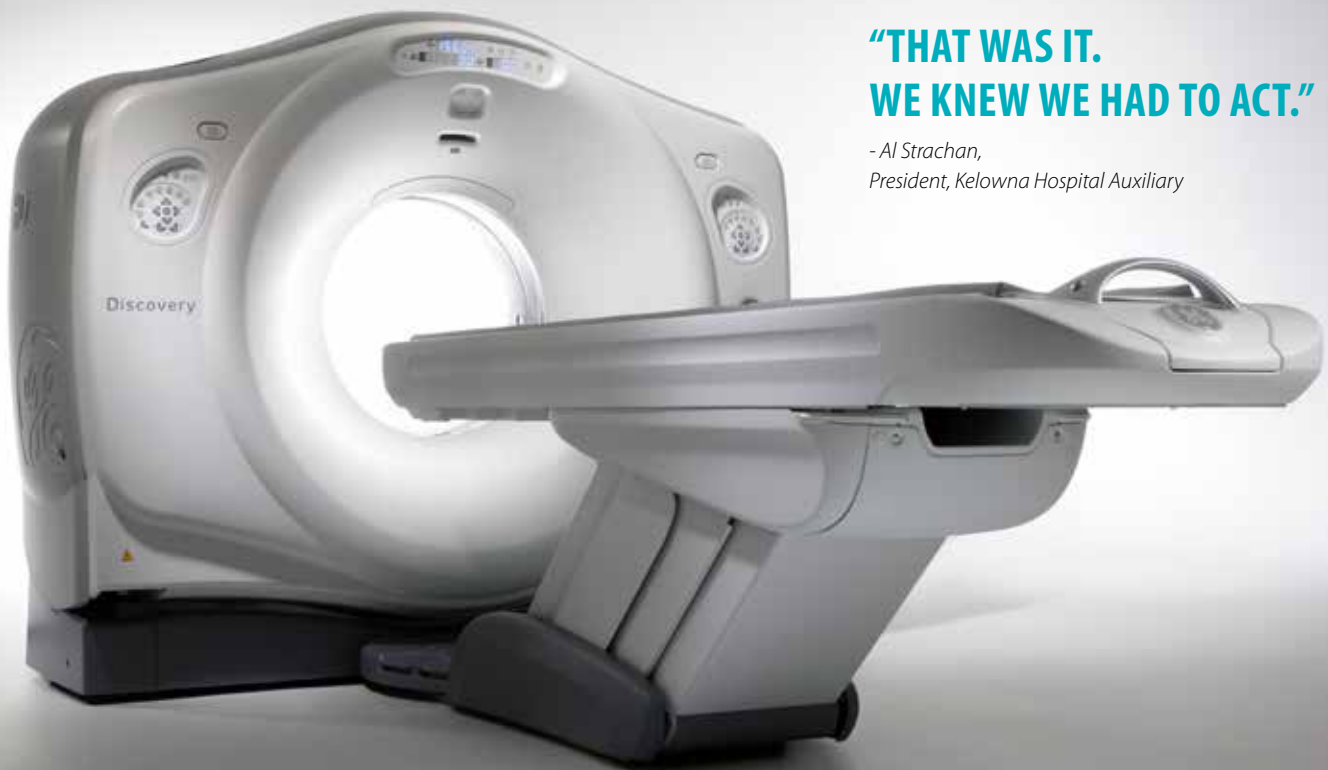
Currently, the nearest Hybrid OR is in Vancouver and patients like Trevor Porubanec are regularly making trips to the coast for treatment.

“I was told that because my operation could have further complications, open-heart surgery may be required”, explains Trevor of his recent experience. “They said the best place to have this done was in a Hybrid Operating Room – and unfortunately the closest was in Vancouver.”

Building on the generosity of an anonymous donor, the residents of the Central Okanagan raised a further \$50,000 in gifts to bring the Hybrid OR's world-class health care to Kelowna. Thanks to these contributions of every size, the distance to \$4 million is decreasing each day.

To join the group of lifesavers, please visit [www.bealifesaver.net](http://www.bealifesaver.net). 





**“THAT WAS IT.  
WE KNEW WE HAD TO ACT.”**

*- Al Strachan,  
President, Kelowna Hospital Auxiliary*

## KGH AUXILIARIES COMBINE FORCES: SAVING LIVES IN THE EMERGENCY DEPARTMENT

There's power in numbers and that's why the four auxiliaries to the KGH Foundation have come together to work toward a worthy goal: The raising of an astounding \$1.6 million for the purchase of a CT Scanner for the hospital's new Emergency Department.

Led by President, Al Strachan, The Kelowna Hospital Auxiliary has more than eighty members and hundreds of active volunteers. Together, with the Rutland, Winfield, and Peachland Auxiliaries, the organization takes pride in its purpose to raise funds toward lifesaving and diagnostic medical equipment, furnishings, and items to improve patient care and comfort.

With generous hearts and plenty of hard work, these inspiring volunteers donate countless hours, running venues that raise revenue, including the Perking Lot coffee shop, Royal Bistro, Centennial Mercantile gift shop, and the Rutland Thrift Store.

“For all four of the auxiliaries to come together is not as common as we'd like

it to be,” Strachan suggests, “But we're accomplishing a lot this year. When Zeno Cescon, the Regional Director of Diagnostic Imaging, and ED physician, Dr. Shawn Spelliscy, attended one of our meetings and explained what the CT Scanner meant to the Emergency Department, we were mesmerized by what it can do to save lives.”

“That was it. We knew we had to act.”

“Our ED is a big department and the distance to the CT scanner is just too long,” Dr. Spelliscy says. “Especially in the case of a trauma. There are multiple IV lines and catheters and a group of people accompanying the patient, making transport difficult. Time is crucial; the same goes for stroke patients. The maximum benefit is attained within three hours of onset and the closer the equipment is, the faster we can assess and care for these patients.”

With the belief that every individual has a right to be treated with kindness, dignity, and respect—and the work ethic to put that philosophy into action—the



▲ *Auxiliary Members at their annual appreciation luncheon*

volunteers of the Auxiliaries have a long tradition at KGH. They bring an immeasurable level of loving care to the hospital, along with significant financial contribution. Al Strachan cheerfully welcomes the work required to bring their latest goal to fruition.

“It's a wonderful feeling to have the four auxiliaries join together and to be able to contribute,” he says.

Add tenacity and teamwork to the growing list of attributes the KGH Auxiliaries bring to our expanding hospital. 🤝

# AUXILIARIES & VOLUNTEERS



## THE AUXILIARIES

When the four Auxiliaries to the KGH Foundation get together, incredible things are achieved. The Kelowna, Peachland, Rutland & Winfield auxiliaries raised over \$1.6 million in 2013/14 through their venues and fundraising initiatives including the Rutland Thrift Shop, catering, flower sales, the Perking Lot, the Royal Bistro, the Centennial Mercantile, lobby sales, engraving, Christmas functions and the Blossom Time Fair.



In addition to their joint support of the CT Scanner in KGH's Emergency Department this year, the Auxiliaries also distributed \$16,250 in bursaries and scholarships.

**"IT HAS BEEN A TREMENDOUS GIFT TO BE ABLE TO CONTRIBUTE TO SUCH A WORTHY CAUSE AND TO KNOW THAT THE REVENUE RAISED IN THE VENUES AT KGH HELP TO BUY EQUIPMENT THAT GOES ON TO SAVE LIVES AND I FEEL PROUD THAT I HAVE BEEN A PART OF CREATING THIS LEGACY."**

*- Jessica Myroon, BCIT Interior Design Student*



## JESSICA MYROON:

**BCIT Interior Design Student**

Jessica contributed over 137 hours and all of the CAD designs to the Royal Bistro Project.

I was so very grateful for the opportunity to volunteer with the Kelowna Hospital Auxiliary and for the 'chance of a life time' to play such an integral role in the design and re-construction of the "Royal Bistro" formerly known as the Snackery.

I never dreamed that I would be able to continue with my volunteer hours in Kelowna while going to school in Burnaby. I was thrilled to be able to meet and work with Heather Fowler of Fowler Interior Design and help to bring the vision of the Royal Bistro to fruition.

It has been a tremendous gift to be able to contribute to such a worthy cause and to know that the revenue raised in the venues at KGH help to buy equipment that goes on to save lives and I feel proud that I have been a part of creating this legacy. The experience that I gained on this project has helped propel me in a very positive way at school and I know for a fact will assist me in garnering positions with companies when I complete my degree.

## THE NEW FACE OF THE AUXILIARY VOLUNTEER

Volunteering for the business venues used to be a 4 hour commitment once a week but today's volunteers have evolved and are doing so much more. They're taking volunteering to a whole new level and are giving anywhere from 4 to 4,000 hours of their time. Combined between all the venues, over 62,000 hours are given each year.

These types of commitments are helping to propel the hospital's businesses in a direction that is financially beneficial as well as offering better services to staff, patients and visitors at KGH. We hear so often that their volunteer work gives them a sense of satisfaction in their professional and personal lives by providing the time and knowledge to the projects and ultimately helping to 'change lives'!

We are proud to introduce you to a few of those that give above and beyond... ▼



### AMANDA AMES:

*2nd Year Microbiology Student at UBC Okanagan*

Amanda has been volunteering on Wednesday evenings in the Perking Lot since grade 9.

As I started volunteering at such a young age, I did not even have a clue about what I wanted to do when I grew up. It was because of my volunteer position and interaction with the patients, staff and other volunteers that I decided that I wanted to pursue a career in health care.

I received a \$30,000 Major Entrance Scholarship to UBC Okanagan during my Grade 12 year. I am very confident that my volunteer position at the venue is a major reason why I was granted this award. As well that year, I received the Kelowna Hospital Auxiliary Educational Award. These very generous awards are helping me accomplish my future goal of becoming an infectious disease specialist.

### HEATHER FOWLER:

*Fowler Interior Design*

Heather created the vision for the new Royal Bistro and spent 4,000 hours bringing her vision to life.

I was excited when I was asked to be part of the renovation team for the Snackery. The project was just what I was looking for in its size and scope and I was thrilled to know that I was contributing to the legacy of the great work the Foundation has done for Kelowna General Hospital.



### FRAN GRAF:

*Retiree*

Fran volunteers 3 days a week at the Rutland Thrift Store and has been there over 10 years.

I started volunteering while I was still working and chose the Rutland Thrift Store because of its purpose – to raise funds for patient equipment at our hospital. I love it because every day I get to work with wonderful women as well as interact with the public.



# BOARD OF DIRECTORS

THE WORK OF THE KGH FOUNDATION IS SUPPORTED BY A DEDICATED GROUP OF VOLUNTEERS WHO COMMIT COUNTLESS HOURS TO ENSURE KELOWNA GENERAL HOSPITAL, HOSPICE AND OTHER HEALTH FACILITIES HAVE THE RESOURCES THEY REQUIRE. THIS DYNAMIC TEAM IS RESPONSIBLE FOR HELPING CHANGE THE FACE OF HEALTH CARE IN THE INTERIOR.



**Lee Appleton,**  
*Investment Advisor & Portfolio Manager*  
CIBC Wood Gundy



**Terry Armstrong,**  
*Vice President, Group Publisher*  
The Okanagan Valley Newspaper Group



**Don Cocar,**  
*Director of Retail Operations, BC*  
Remedy's Rx



**Sharon Cook,**  
*Health Services Administrator*  
Kelowna General Hospital



**Bill Corbett,**  
*President*  
Corbett Family Enterprise Consulting Inc.



**Shirley Anne Eccott,**  
*Retired*



**Neil Eisenhut,**  
*Investment Advisor*  
RBC Dominion Securities



**Dr. Mike Ertel,**  
*Chief of Staff*  
Kelowna General Hospital



**Clayton Gall,**  
*Investment Counsellor*  
RBC Phillips, Hager & North  
Investment Counsel



**Tanja Halsall,**  
*Human Resources Manager*  
Grant Thornton LLP



**Steve Jenkins,**  
*General Manager, Interior South BC*  
TELUS



**George Mason,**  
*Chartered Accountant*  
MNP LLP



**Bruce McAuliffe,**  
*President, BC South*  
Black Press



**Dr. Jan McIntosh,**  
*Family Physician*



**Peter MacPherson,**  
*Lawyer*  
Farris, Vaughan, Wills & Murphy LLP



**Sean Pihl,**  
*Lawyer*  
Pihl & Associates Law Corporation



**Dr. Kevin Pistawka,**  
*Cardiologist*



**A'Lana Rains,**  
*Associate Principal*  
Mackay LLP



**Doug Rankmore,**  
*CEO*  
KGH Foundation



**Marilyn Strachan,**  
*Retired*



**Sharon Varette,**  
*Executive Coach*



**Rick Wright,**  
*President/General Manager*  
Valley Mitsubishi

# MESSAGING FROM THE CEO AND BOARD CHAIR

Kelowna General Hospital has a vision to provide the best care as close to home as possible. It is a privilege to work with our community to support the vision of the Kelowna General Hospital and its associated facilities. We are honoured that you have entrusted the KGH Foundation with your support and we are so thankful for your efforts to help fulfill some of our Hospital's most urgent needs.

We are proud to say your support has allowed us to provide over \$4 million to purchase different types of highly specialized medical equipment needed to care for patients, ranging from our tiniest babies to our most senior citizens. Your support also ensures that staff at KGH receives up-to-date training and skills-development needed to offer the very best care.

The KGH Foundation has been very busy over the past year, seeking support for our newest addition to the KGH campus – the Interior Heart and Surgical Centre. This exciting project will provide for a re-design of surgical services, create a permanent home for cardiac surgery, and allow procedures to be conducted that were previously unavailable in the interior. This means better care, more quickly — ultimately saving lives.

KGH offers world class care because of the community that supports it. Whether you're a donor, sponsor, event organizer, member of a service club or a volunteer, you have chosen to make a difference — to be a lifesaver. On behalf of the doctors, nurses, clinical and support staff at KGH and especially all the patients they serve, we offer you our warmest thanks.

**“KGH OFFERS WORLD  
CLASS CARE BECAUSE  
OF THE COMMUNITY  
THAT SUPPORTS IT.”**

- Sean Pihl



**SEAN PIHL, BOARD CHAIR**



**DOUG RANKMORE, CEO**

# IMPACT

SUPPORT IS PROVIDED TO KGH AS WELL AS ITS ASSOCIATED CARE FACILITIES INCLUDING THE CENTRAL OKANAGAN HOSPICE HOUSE, COTTONWOODS EXTENDED CARE HOME, DAVID LLOYD JONES HOME, BROOKHAVEN CARE HOME & THREE LINKS MANOR.

**IN 2013/14  
THROUGH THE  
SUPPORT OF OUR  
COMMUNITY, THE  
KGH FOUNDATION  
GENERATED  
REVENUES OF  
\$13 MILLION**

The people of Kelowna, the Okanagan Valley, and the Interior of BC have recognized the need for sophisticated equipment and programs at KGH, Hospice and other health care facilities and have provided their generous support to make this a reality.

## REVENUES

Donations	\$10,206,364
Fundraising and Other	449,554
Auxiliary Operations	1,623,857
Investment Income	<u>1,143,943</u>
	<u>13,423,718</u>

## EXPENSES

Grants to Interior Health	\$4,081,709
Fundraising and Other	332,208
Auxiliary Operations	911,981
Amortization, Administrative, Salary/Benefits	<u>1,112,799</u>
	<u>6,438,697</u>

## AVAILABLE TO CURRENT & FUTURE PROGRAMS

Added to Endowments	\$2,358,042
Restricted Programs	2,088,839
Unrestricted Programs	<u>2,538,140</u>
	<u>6,985,021</u>

At the KGH Foundation we take great care with donor contributions. The Foundation's operational costs are significantly lower than the national average for a foundation our size, averaging 15% over the past 3 years. KGH Foundation is also listed as the largest health charity in the Interior according to Business in Vancouver Magazine.



# IMPACT

## EQUIPMENT AND PATIENT CARE & COMFORT ITEMS FUNDED BY GIFTS TO THE KGH FOUNDATION

### CAPITAL EQUIPMENT

- Nitrous Oxide System
- GI Colonoscopes
- Manual Tilt Chair
- Knee Positioners
- Cystoscopes & Obturator/Sheath
- Maldi-ToF Mass Spectrometer
- Patient Beds
- Laparoscopes
- Pulmonary Function System
- Infant Warmers
- Hemodialysis Ultrasound System
- Platelet Incubator & Agitator
- Cardiac and Respiratory Monitors
- Sit-to-Stand Lift
- Percutaneous Stone System
- Pediatric Clinical Teaching Unit Equipment

\$1,014,281

#### Nitrous Oxide System:

A system to make labour & delivery more efficient for mothers requiring assistance.

#### Maldi-ToF Mass Spectrometer:

A lab analyzer that revolutionizes microbiology increasing accuracy and reducing analysis time from days to minutes and reducing analysis costs per sample from dollars to cents.

#### Percutaneous Stone System:

A non-invasive method for removal of kidney stones that reduces hospitalization and speeds recover time.

### PATIENT CARE & COMFORT

- Vital Sign Monitors
- Orthotics
- Staxi Transport Chairs
- Stethoscopes
- Aquarium and Accessories
- Careguard Transfer Bench
- Mesh Bath Chair
- Portable Consumer Lift
- Furniture and Décor
- Folding Walker
- Wheelchairs
- Neonatal Crib & Mattress Foam
- Micro Dock System
- Overbed Tables and Bases
- Oxygen Concentrator
- Commodes
- Cabinets
- Televisions, Tables, Chairs, Lamps, Cushions and Small Appliances

\$ 212,815

### BE A LIFESAVER CAPITAL CAMPAIGN

\$ 1,483,460

### FIPKE ADVANCED SUITE FOR TRAUMA

\$ 806,501

### TAKE CARE, TAKE PART CAPITAL CAMPAIGN

\$ 495,000

### MEDICAL CONFERENCES AND EDUCATION

\$ 53,401

### BURSARIES AND SCHOLARSHIPS

\$ 16,250

### TOTAL GRANTS

\$ 4,081,709

#### FIPKE Advanced Suite for Trauma:

Development of the most advanced trauma suite in the country to address the increasing role KGH now plays in trauma medicine.

#### Medical Conferences and Education:

To ensure staff at KGH are up-to-date on the most important advances in medicine and health care.

**THE KALLEN  
FAMILY KNOWS  
THE IMPORTANCE  
OF HEALTH CARE  
AS KYLEE WAS  
BORN WITH  
TRANSPOSITION  
OF THE GREAT  
ARTERIES – A LIFE  
THREATENING  
CONDITION – AND  
UNDERWENT OPEN  
HEART SURGERY.**

## KIDS HELPING KIDS

### GIVING STARTS YOUNG WITH 'CHARITY ROCKS' SISTERS'

Inspired by the care Kylee, now 10, received during her emergency open heart surgery as a newborn, the duo decided to set up their 'Charity Rocks' table in KGH's lobby and sell their hand-painted rocks on Valentine's Day. In just a few hours, the sisters raised \$710.20.

Readers were so touched by the sisters' story in the newspaper on February 9th, they were dropping by the hospital just to buy one of these inspirational rocks.

"We even had one man call in and donate over the phone because he couldn't make it in that day", explains Kayla, 13.

Kylee and Kayla have supported a variety of worthwhile causes over the 3 years they've been selling the rocks. On Valentine's Day, the funds raised were donated toward the KGH Foundation's Be a Lifesaver Campaign in support of the new Interior Heart & Surgical Centre (IHSC).



The Kallen family knows the importance of great health care as Kylee was born with transposition of the great arteries – a life threatening condition – and underwent open heart surgery at BC Children's Hospital in Vancouver just days after she was born. The young entrepreneurs are eager and excited to continue giving back.

Although it may have started as an art project while camping, the two sisters have now sold over a thousand of their creations raising over \$4,000 for charity.

They also donated the remaining rocks from Valentine's Day to the Children's ward at KGH in hopes of brightening the day of young patients. 🌟

► Kylee and Kayla Kallen







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together we change lives

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